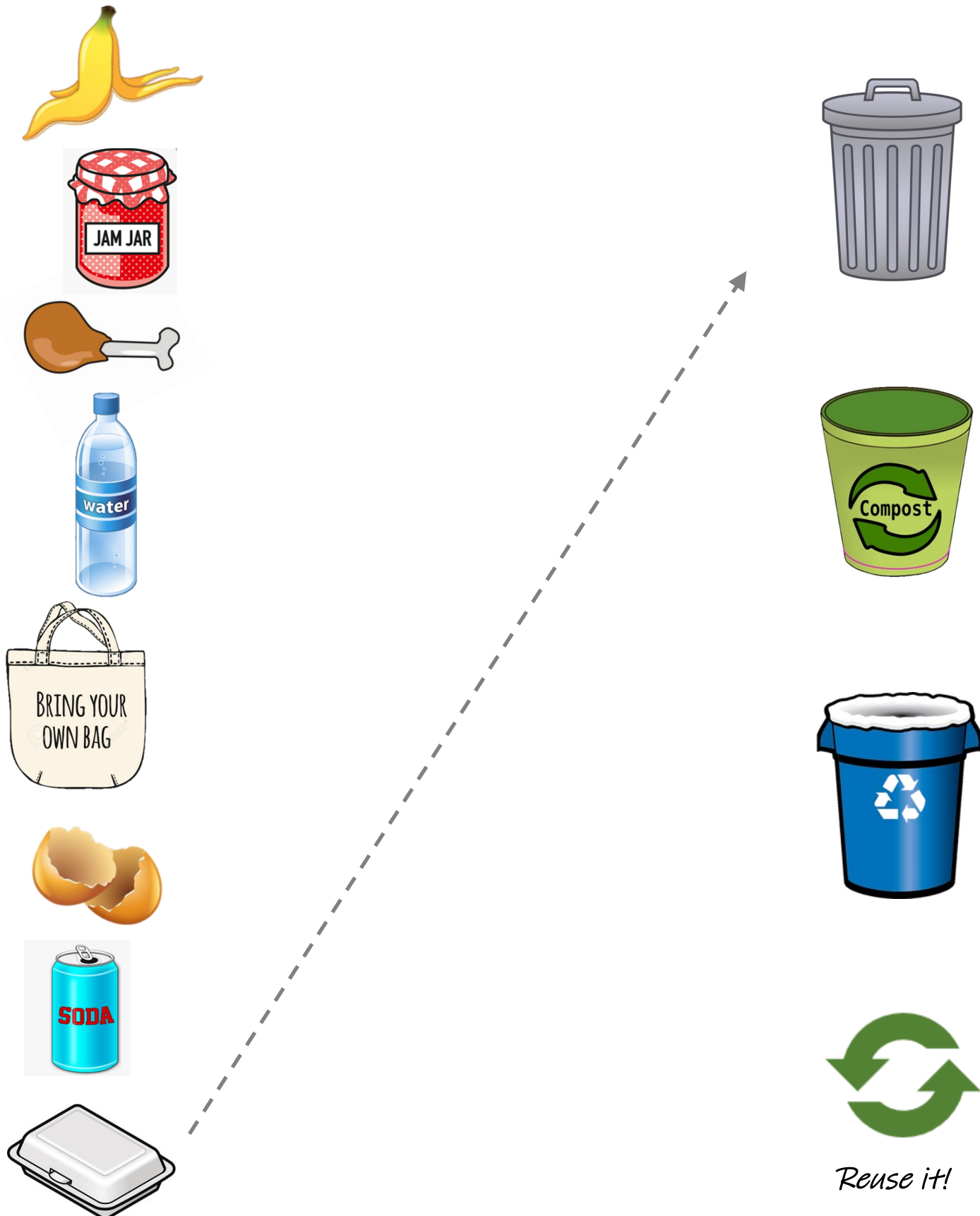


# Conservation Activity : Matching!

Draw a line to match the waste with how to dispose of it!



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soil & water  
CONSERVATION DISTRICT  
Since 1945

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## Conservation for Kids!

### All About Recycling and Reducing Waste



### Reduce! Reuse! Recycle!

Waste is anything we throw away or don't reuse. Much of the waste we produce ends up in a landfill, an area where garbage is isolated from the surrounding environment. Practicing "Reduce, Reuse, Recycle" minimizes the amount of waste that enters landfills!

**Reduce:** To reduce is simply to create less waste. Cutting back on buying things we don't really need lowers the amount of packaging and plastics we need and also lowers energy waste through gas and transportation costs.

**Reuse:** Reusing is taking old items that you might have thrown away and finding a new use for them. You can "reuse" materials in their original form, turn them into new items or donate them to others who could use them too! See our craft on page 3 for a great way to reuse paper rolls and create bird feeders!

**Recycle:** Recycling is when they take trash and transform it into new products! The recycling processes allow some materials to be used more than one time. Recycling is good for us and the environment because it reduces the use of new raw materials to product new products.

The recycling symbol, or loop, has three arrows. Each arrow represents a different step in the recycling process. These steps are:

1. Collecting recyclable materials, like aluminum cans and plastic bottles.
2. Processing the old materials and making new items.
3. Buying items made from recycled materials

## Reduce!



- Carpool, bike or use public transportation when possible.
- Reduce overall purchases
- Try not to buy single use items and plastic that is not recyclable.
- Reduce food waste by only cooking what you need!

## Reuse!



- Replace single use items with reusable ones, like shopping bags, travel mugs, food containers, water bottles, and straws
- Rinse and reuse disposable plastic items like plates, cups and utensils.
- Use leftover plastic bags as trash bags.
- Donate old clothes & toys you no longer need or use.

## Compost!



Composting helps us reduce waste. Composting is a term that is used when we control the decomposition (breakdown) of natural material into soil. Usually composting is done in a bin, where natural waste is allowed to mix together and decompose into a crumbly fertilizer that you can use to help your garden grow! Many natural materials can be composted such as grass cuttings, leaves, flowers, fruit and vegetable scraps, leftover table scraps, egg shells, coffee grounds and stale bread. Paper, cardboard, sawdust, animal manure and seaweed can also be composted. Do not add meat scraps or wood branches as they do not breakdown well.

## Recycle



- If you can't reuse something, the item may be recyclable!
- What can be recycled in Dutchess County?
- All paper and cardboard - Newspaper, magazines (including glossy coated and inserts) cereal boxes, junk mail, telephone books, paper towel rolls, cartons, glass bottles, tin and aluminum, glass food and beverage containers, soda cans, metal jar lids, foil, and more .
  - All plastics, including CDs and CD cases, except foam (Styrofoam) and plastic bags. Plastic bags should NOT be put in the recycle bin, but reused or recycled at your local grocery store collection bin.

# Conservation Craft

## *Toilet Paper Roll Bird Feeder!*



This little bird feeder is a great way to reuse empty paper rolls and helps support local wildlife!

### Supplies:

- Toilet or paper towel roll
- Peanut butter or suet
- Bird seed
- Plate
- Twine or Ribbon
- Knife or spoon

### Directions

1. Using your knife or spoon take peanut butter or suet and evenly spread a thin coat on your paper roll.
2. Pour the seed onto the plate and gently roll the tube around, pressing the seeds in as you go . After a few minutes, re-roll the tubes so that any empty spaces where seeds have dropped can be filled in.
3. Thread a long piece of ribbon or twine through the ends of each tube and tie the top in a bow.
4. Hang up in a tree and wait for the birds to find their treat! If you don't have ribbon or twine, place the roll on a tree branch!